

MEMORANDUM

TO : High School and Middle School Principals, Athletic Directors and Coaches
FROM : Jon Fox, Athletic Director
SUBJECT : PHYSICAL EXAMINATION SCHEDULED (BOYS & GIRLS)
DATE : May 5, 2009

SENIOR HIGH SCHOOL BOYS – SATURDAY August 8, 2009
Nemours Children's Clinic - 807 Children's Way

SENIOR HIGH SCHOOL GIRLS - SATURDAY August 8, 2009
Wolfson Children's Hospital - Baptist Medical Center

MIDDLE SCHOOL BOYS - SATURDAY August 15, 2009
Nemours Children's Clinic - 807 Children's Way

MIDDLE SCHOOL GIRLS - SATURDAY August 15, 2009
Wolfson Children's Hospital - Baptist Medical Center

It will be ***your*** responsibility to inform the head coaches, athletes and parents in your school of the Physical Examination dates, and to reproduce copies of forms for distribution to all student athletes. ***PLEASE NOTE THE SECTION OF INSTRUCTION'S*** from the Nemours Children's Clinic and Wolfson's Children's Hospital giving guidelines for boys and girls. **Please send Girls and Boys Guidelines home with each student. This information *must be conveyed to coaches, athletes and parents.***

The following instructions ***must be*** adhered to before and during the physical examinations.

1. **ACCORDING TO THE FLORIDA HIGH SCHOOL ACTIVITIES ASSOCIATION HANDBOOK A RATIO OF 1 ADULT PER 15 STUDENT ATHLETES WILL BE REQUIRED FOR EACH SCHOOL PARTICIPATING IN THE PHYSICAL SCREENINGS. THIS RATIO MUST BE ADHERED TO, OTHERWISE PHYSICALS WILL NOT GIVEN.**
2. Physical Examination Forms ***must*** be completed on side one with parent/guardian signature. These are also now available on the DCPS website: www.duvalschools.org
3. In order to make the procedure shorter and easier for everyone use the Physical Form from the previous year, and attach it to the new 2009-2010 school year - Physical Form. Most teenagers do not need a full physical each year.
4. Physicals are for **ALL SPORTS** and **WILL NOT** be given any other time of the year.

5. **Coach/parent or guardian remember these physicals can be performed by the student athlete's pediatrician or family physician.**
6. All student athletes *must* have a current physical or they will be ineligible for interscholastic athletic participation.

See the enclosed:

1. Schedules
2. **ATTENTION:** A copy of NEW **2009-2010** Physical Form is attached with current school year. **Be sure to copy as a two sided document on to one sheet and distribute to all student athletes for parent / guardian signature.**

Must bring current Duval County School Physical Form.

**DO NOT USE FLORIDA HIGH SCHOOL ACTIVITIES ASSOCIATION
HEALTH EXAM PARENTS PERMISSION FORM FOR THE
SCREENING.**

3. Guidelines for Boys and Girls (instruction sheet for coaches, parents and students.)

cc.

Principals

Athletic Directors

All Head Coaches

Ms. Elaine Mann, Chief Officer HS Education

Jim Williams, Chief Officer, Superintendent's Standard Bearer & Acceleration Schools

Selinda Keys, Chief Officer, K-8 Education

HIGH SCHOOL BOYS SCHEDULE

Nemours Children's Clinic
807 Children's Way

Saturday August 8, 2009

8:10 AM Ed White
8:30 AM Forrest, Jackson
8:50 AM Ribault
9:10 AM Randolph, Peterson, First Coast
9:30 AM Parker
9:50 AM Raines
10:10 AM Mandarin
10:30 AM Sandalwood
10:50 AM Wolfson, Paxon
11:10 AM Stanton, Englewood
11:30 AM Fletcher
11:50 AM Lee
12:10 PM Baldwin, University Christian, Bishop Kenny, Bolles, Episcopal, Providence,
Trinity, Esprit de Corps, Potter's House

HIGH SCHOOL GIRLS SCHEDULE

Wolfson Children's Hospital
Baptist Medical Center

Saturday, August 8, 2009

8:10 AM Ed White
8:30 AM Forrest, Jackson
8:50 AM Ribault
9:10 AM Randolph, Peterson, First Coast
9:30 AM Parker
9:50 AM Raines
10:10AM Mandarin
10:30 AM Sandalwood
10:50 AM Wolfson, Paxon
11:10 AM Stanton, Englewood
11:30 AM Fletcher
11:50 AM Lee
12:10 AM Baldwin, University Christian, Bishop Kenny, Bolles, Episcopal, Providence,
Trinity, Esprit de Corps, Potters House

MIDDLE SCHOOL BOYS SCHEDULE
Nemours Children's Clinic
807 Children's Way

Saturday August 15, 2009

8:10 AM Episcopal, Providence, Trinity
8:30 AM Arlington, Mandarin
8:50 AM Ribault, Twin Lakes
9:10 AM Stillwell, Lakeshore
9:30 AM Baldwin
9:50 AM Landon, Kernan
10:10 AM Butler, Highlands
10:30 AM DuPont, Ft. Caroline
10:50 AM Southside, Oceanway
11:10 AM J.W. Johnson, Matthew Gilbert
11:30 AM Landmark, Paxon MS

MIDDLE SCHOOL GIRLS SCHEDULE
Wolfson Children's Hospital
Baptist Medical Center

Saturday August 15, 2009

8:10 AM Episcopal, Providence, Trinity
8:30 AM Arlington, Mandarin
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